



CREATING THE BEST VALUES



SOFT SKILLS FOR STUDENTS

Professional Soft Skills Learning **Pathway**

1. DEVELOPING EMOTIONAL INTELLIGENCE (EQ)

Helps you become aware of one's emotions and respond to changes effectively.

2. BUILDING RESILIENCE

Learn how to bounce back from difficult situations, by building your "resiliency threshold".

3. EMBRACING UNEXPECTED CHANGE

Improve how you deal with change in your professional and personal life. Learn how to put change in the proper context, create the right perspective, and become more resilient.

4. CRITICAL THINKING FOR BETTER JUDGMENT AND DECISION-MAKING

Teach your team how to think critically. Learn how to use critical thinking to avoid fallacies, spot biases, craft better arguments, hone judgment, and improve decision-making.

5. BUILDING TRUST

Explore ways to identify and address trust issues in your personal and professional life.

6. TEAMWORK FOUNDATIONS

Learn the qualities of effective teams and the role you, as a team member, play in creating a healthy, productive team.

7. COMMUNICATION FOUNDATIONS

Build your communication skills. Learn how to communicate more effectively in professional situations, including meetings, email, and presentations.

8. EFFECTIVE LISTENING

Helps you assess your listening skills and develop more-effective listening behaviors.

9. EFFECTIVE PERSUASION

Ensure that your ideas get a fair hearing by cultivating your persuasion skills. Discover how to establish credibility and how to make it easier for people to respond with a "yes".

10. WRITING IN PLAIN LANGUAGE

Learn to write in plain language and help your readers understand and act on your documents and content.

11. FOSTER CREATIVITY BY RESOLVING INNER CRITIC

Express your most creative self—minus the fear and self-doubt. Learn how to banish your inner critic to unleash maximum creativity.

12. UNCONSCIOUS BIAS

Learn how to identify and address your biases so you can make more thoughtful decisions, build relationships, and be an effective colleague in the modern workplace.

